

CHILD ABUSE PREVENTION MONTH

Superhero 5K Walk/Run

Saturday April 28, 2018

Registration: 8:00 AM – **Walk/Run Start Time:** 9:00 AM

Race Location: Wellsboro Park, the Green - 118 Main Street, Wellsboro, PA 16901 (Across from the Courthouse)

Purpose: To involve the community in Child Abuse Prevention Month.

Course Description: This 5K Walk/Run kicks off the main event of Child Abuse Prevention. The course is 3.1 miles through the heart of Wellsboro, starting and ending at the Green. Course is slightly hilly and consists of pavement. Come dressed as your favorite superhero. Walk or run, the choice is yours. Kids Fun Run will start at the same time as the 5K, but will be a shorter distance totaling a mile.

Entry Fee: There is no entry fee, however donations will be accepted. Proceeds will benefit future Child Abuse Prevention events.

Awards: Overall male and female finishers will receive a medal. Top 3 male and female finishers in the following age categories: 12 and under, 13-17, 18-22, 23-29, 30-39, 40-49, 50-59, 60-69, 70+ will also receive medals.

Contact: Whitney Landis, phone - (570)404-7083; e-mail - wlandis@tiogahsa.org or stop at Tioga County Department of Human Services (1873 Shumway Hill Road, Wellsboro PA) to fill out a registration form/waiver. Office hours are from 8:00 AM to 4:00 PM, Monday - Friday.

-----DETACH HERE-----

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Name _____ Sex _____ Age _____

Address _____

City, State, Zip _____

Phone _____ E-mail _____

Waiver

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release the Borough of Wellsboro, Child Abuse Prevention, all race volunteers and all sponsors, their representatives, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Signature _____ Date _____

Parent or Guardian (if under the age of 18) _____