

# Youth Leadership 2.0



Dear High School Student,

Are you interested in having a positive impact on your community while developing your leadership skills? If so, the newly designed Tioga County Youth Leadership Program is the right place for you!

The Tioga County Youth Leadership Program is designed to develop your leadership skills, provide you with the tools to become an active member in your community, and have a positive impact on your county.

Service Learning will be your guide to personal development and professional skill building. The facilitators of the program will encourage you to become more confident in your abilities and to take an active role in your learning.

The Tioga County Youth Leadership Program requires participants to take an active hands-on role in the learning experience. Assisted by community experts, you will work with a team of like-minded individuals to identify a community need, develop a solution, and see the project through to completion. Throughout the 9 sessions you will have the opportunity to meet community leaders, organizational educators, and individuals who are positively impacting your county every day!

All students in grades 10-12 are encouraged to apply. The application is comprised of three sections, 1) student information including responses to several open-ended questions, 2) two letters of recommendation, and 3) a “color profile” that helps you identify some key personality characteristics.

Application submissions must contain all three fully completed sections and be received by the announced due date. The application may be typed or hand-written. You may include extra sheet(s) of paper, if needed, for responses to the questions in Section One.

The program is provided at no cost to the student. Transportation to and from session is the responsibility of either the school or the student’s family.

***Applications are due April 16<sup>th</sup>*** and students will be notified of acceptance in early May.

On behalf of the Youth Leadership Program Planning Committee, we’d like to extend our appreciation in your interest in the program and are hopeful that you take the next steps to becoming a part of Youth Leadership 2.0!



**About you:**

1. Please explain why you want to be a part of the Youth Leadership Program (YLP)
2. What do you feel is your greatest strength and why?
3. What skills do you hope to gain from the program and why?
4. Describe what you like to do in your spare time.



## Section Two: Letters of Recommendation

Obtain two letters of recommendation from adults who know you well, such as teachers, coaches, pastors, neighbors, or employers. Letters from family members **will not be accepted**.

The letters should contain, at a minimum, the following:

- Relationship to the application (teacher, coach, etc.)
- How long he or she has known the applicant
- Description of applicant's personal character
- Opinion of how the applicant would benefit from participating in the program

**Letters are to be returned with the application.**

## Section Three: Color Profile

Youth Leadership Program

### Discovering Our Personality Style: Color Profile

#### **Purpose of this activity:**

Discover the qualities and characteristics of a particular personality style or type and gain an understanding of other personality styles. Each of us has a different and unique personality; however, there are commonalities that we share. This exercise is an attempt to identify various personality styles and label them with colors. This model of categorizing personality styles is based on many years of work by other researchers and psychologists.

#### **Key Concepts**

True Colors is a metaphor.

Each person is a unique blend of the four colors or styles—a spectrum.

***There are no bad or good colors.***

There are wide individual variations within each color spectrum.

Each color is associated with certain personality traits or behaviors. Everyone has some degree of each color, but one color is predominant. The following quiz will identify your color spectrum. Follow the directions carefully and add up your scores as instructed at the bottom. If you have two colors with the same score, you pick which one you think more accurately describes you.

Instructions: Compare all 4 boxes in each row. Do not analyze each word; just get a sense of each box. **Score each of the four boxes in each row from most to least as it describes you:** 4 = Most, 3 = A Lot, 2 = Somewhat, 1 = Least.

ROW 1	A Active Variety Sports Opportunities Spontaneous Flexible  Score _____	B Organized Planned; Neat Parental Traditional Responsible  Score _____	C Warm Helpful, Friends Authentic Harmonious Compassionate  Score _____	D Learning Science, Quiet Versatile Inventive Competent  Score _____
ROW 2	E Curious, Ideas Questions Conceptual Knowledge Problem Solver  Score _____	F Caring, People Oriented Feelings, Unique Empathetic Communicative  Score _____	G Orderly On-Time Honest, Stable Sensible Dependable  Score _____	H Action Challenges Competitive Impetuous Impactful  Score _____
ROW 3	I Trustworthy Organized Dependable Loyal, Helpful Conservative  Score _____	J Kind, Warm Understanding Giving Devoted Poetic  Score _____	K Playful, Quick Adventurous Confrontational Open Minded Independent  Score _____	L Exploring Competent Theoretical Questions, Ingenious  Score _____
ROW 4	M Follows Rules Useful, Concerned Saves Money Cooperative Procedural  Score _____	N Active, Free Risk-Taker Winning Daring Impulsive  Score _____	O Sharing Getting Along Tender Feelings, Dramatic Inspirational  Score _____	P Solving Problems Perfectionist Determined Complex, Thinker Composed  Score _____
ROW 5	Q Info Seeking Puzzles Sense, Rational Philosophical Principled  Score _____	R Social Causes Easy Going Sympathetic Approachable Affectionate  Score _____	S Exciting, Lively Hands-On Courageous Skillful On Stage  Score _____	T Pride Tradition Orderly, Careful Do Things Right Conventional  Score _____

Add the numbers you gave for each box together under each color

Total Orange Score A, H, K, N, S	Total Green Score D, E, L, P, Q	Total Blue Score C, F, J, O, R	Total Gold Score B, G, I, M, T
_____	_____	_____	_____

**Congratulations!** You now know your color spectrum. Here are some general descriptions of each color:

<p><b>ORANGE</b></p> <ul style="list-style-type: none"> <li>Are free and spontaneous</li> <li>Are impulsive risk-takers</li> <li>Are active</li> <li>Are optimistic</li> <li>Resist commitment</li> <li>Can become virtuosos</li> <li>Thrive on crises</li> <li>Are drawn to tools</li> <li>Like to be the center of attention</li> <li>Have great endurance</li> <li>Are drawn to action jobs</li> <li>Need variety</li> <li>Are dynamic, animated communicators</li> <li>Are competitive</li> <li>Deal with the here and now</li> <li>Are bold in relationships</li> <li>Are generous</li> <li>Have difficulty finding acceptance</li> <li>Like to live in a casual atmosphere</li> <li>Bring excitement to society</li> </ul>	<p><b>GREEN</b></p> <ul style="list-style-type: none"> <li>Are innovative and logical</li> <li>Seek to understand the world</li> <li>Need to be competent</li> <li>Require intellectual freedom</li> <li>Are curious</li> <li>Question authority</li> <li>Push themselves to improve</li> <li>Seek perfection in play</li> <li>May become intellectually isolated</li> <li>Are slow to make decisions</li> <li>Value concise communication</li> <li>Look for intellectual stimulation</li> <li>Enjoy intriguing discussions</li> <li>Are sometimes oblivious to emotions</li> <li>Are detached</li> <li>Believe work is play</li> <li>Are drawn to technical occupations</li> <li>Analyze and rearrange systems</li> <li>Focus on the future</li> <li>Bring innovation to society</li> </ul>
<p><b>BLUE</b></p> <ul style="list-style-type: none"> <li>Are in search of themselves</li> <li>Need to feel unique</li> <li>Must be true to themselves</li> <li>Look for symbolism</li> <li>Value close relationships</li> <li>Encourage expression</li> <li>Desire quality time with loved ones</li> <li>Need opportunities to be creative</li> <li>Compromise and cooperate</li> <li>Nurture people, plants and animals</li> <li>Look beyond the surface</li> <li>Share emotions</li> <li>Make decisions based on feelings</li> <li>Need harmony</li> <li>Are adaptable</li> <li>Are drawn to literature</li> <li>Are drawn to nurturing careers</li> <li>Get involved in causes</li> <li>Are committed to ideals</li> <li>Bring unity to society</li> </ul>	<p><b>GOLD</b></p> <ul style="list-style-type: none"> <li>Are dutiful and stable</li> <li>Need to be useful</li> <li>Want to be self-sufficient</li> <li>Value organization</li> <li>Desire punctuality</li> <li>Schedule their lives</li> <li>Make and keep commitments</li> <li>Measure worth by completion</li> <li>Are goal-oriented</li> <li>Value rules</li> <li>Prepare for the future</li> <li>Are inclined to join groups</li> <li>Believe work comes before play</li> <li>Safeguard tradition</li> <li>Prefer order and cleanliness</li> <li>Are responsible and dedicated</li> <li>Are drawn to respected occupations</li> <li>Enjoy positions of authority</li> <li>Desire structure</li> <li>Bring stability to society</li> </ul>