

VAPING

Elevated rates

% of Tioga County students who reported vaping in the past 30 days



Data taken from 2015 PA Youth Survey, Tioga County Profile Summary Report. (Past 30 day use rates indicate use of a substance with some regularity.)

What is Vaping?

Vaping is a general term used to refer to inhaling and exhaling vapor produced by an electronic cigarette or similar device. These devices allow users to inhale an aerosol (vapor) containing nicotine or other substances.

"I Vape Nicotine"

A total of 180 kids reported vaping. Percentages below describe the number of students who reported vaping nicotine when reflecting on their past 12 month use. These numbers are elevated compared to youth across the state.

	Tioga County	PA rate
6th graders	4.9%	3.6%
8th graders	19.2%	10.8%
10th graders	35.5%	21.7%
12th graders	42.6%	29.7%

"Don't know" what they're vaping

180 students reported vaping in the past 30 days.

23% of them don't know what they are vaping.

(Approximate numbers.)

What are the risks?

E-cigarette aerosol is NOT harmless water vapor. The aerosols can contain **heavy metals**, ultrafine particulate, and **cancer-causing agents** like acrolein. The aerosols also contain propylene glycol, or glycerin and flavorings. The health effects of inhaling these substances are currently unknown. (CDC Office on Smoking and Health, July 2015)

Poisonings have resulted among users and non-users due to ingestion of nicotine liquid, absorption through the skin, and inhalation. E-cigarette exposure calls to poison centers increased from one per month in September 2010 to 215 per month in February 2014, and over half of those calls were regarding children ages 5 and under. (CDC Office on Smoking and Health, July 2015)



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